Basic Sewing



- 1. Describe the proper use of the following:
 - a. Thimble
 - **b.** Tape measure
 - **c.** Scissors and shears
 - **d.** Pinking shears
 - e. Needles of various sizes and types
- 2. Become acquainted with the sewing machine in your home or school. Identify:
 - **a.** Balance wheel
 - **b.** Thread take-up
 - **c.** Presser foot
 - **d.** Presser foot lifter
 - e. Needle
 - **f.** Feed dogs
 - g. Bobbin
 - **h.** Control
 - i. Backspace lever
- **3.** Demonstrate how to properly thread and run the machine.
- **4.** Put a hem in one of the following items showing neat and even stitches.
 - **a.** Towel
 - **b.** Apron
 - **c.** Flannel baby blanket
 - **d.** Flannel lap blanket
- **5.** Demonstrate your ability to properly sew on buttons and snaps.
- **6.** Tell what is meant by selvage, bias, and grain of fabric.
- 7. Make a laundry bag for camping, or a similar simple item.

Skill Level 1

Original Honor 1976

Household Arts General Conference 2001 Edition