



Pathfinder's Name

Dressmaking

- 1. Have and review the Basic Sewing Honor.
- 2. Have a practical sewing box for your sewing supplies. Include in it a pin cushion, tape measure, pins, needles, thread, scissors, seam gauge and seam ripper.
- 3. Know how and when to:
 - Baste _____
 - Overcast _____
 - Zigzag _____
 - Blind hem _____
- 4. Identify (a) 5 natural fabrics such as
 - a. cotton
 - b. linen
 - c. wool
 - d. silk

(b) synthetic fabrics such as

 - a. rayon
 - b. nylon
 - c. dacron
 - d. polyester.
- 5. Show and demonstrate how to straighten fabric before use.
- 6. Choose a pattern for an item such as a shirt, blouse, skirt or shop apron.

Pattern _____

Properly lay your pattern on the material, cut it out, and sew your item to completion.

Date completed _____

Instructor's Signature _____

Dressmaking, Advanced

- 1. Have the Dressmaking Honor.
- 2. Do the following:
 - a. sew a seam with finished edges
 - b. make darts
 - c. gather
 - d. bind
 - e. topstitch
 - f. make a French seam.
- 3. Make a neat buttonhole.
- 4. Demonstrate on another person how to measure for
 - a. length of skirt or pant
 - b. length of sleeve
 - c. length from neck to waistline.
- 5. Make a blouse or shirt with set-in sleeve and a collar, and explain how you would adjust the shoulders for persons of different build.
- 6. Explain how to make at least four of the following alterations or modifications in patterns:
 - a. shorten/lengthen waist
 - b. shorten/lengthen sleeve
 - c. waist size
 - d. shorten/lengthen skirt or pants
 - e. shorten/lengthen blouse.
- 7. Make a pair of pants or shorts that fit properly.
- 8. Make a skirt that fits properly.
- 9. Select from pictures or draw an outfit for yourself that shows proper color harmony and is complementary to your figure.