



Chickens love to take dust baths, sit in the sun, and cuddle up to each other. They cry out when someone hurts them, and they get excited and happy when they are free to scratch at the ground and explore.

But chickens are in trouble.

Every year, more than 8 billion of them are killed and cut up for restaurants like McDonald's and Kentucky Fried Chicken or sold in grocery stores.

SAVE THE CHICKENS!

Q HOW DOES A CHICKEN END UP ON SOMEONE'S PLATE?

A First, baby chicks are stuffed into sheds with tens of thousands of other birds. Many get sick and die. When fattened up, they are thrown into tiny crates and trucked to the slaughterhouse. When it's really hot or cold outside, many don't survive the trip. The ones that do are hung upside down by their feet and killed for food.

Q IS EATING CHICKEN GOOD FOR US?

A No! Eating chickens can make people sick because up to 90 percent of the chickens from factory farms carry potentially harmful bacteria. You can be strong and healthy without eating animals and get all the protein and vitamins you need by eating vegetables, fruit, grain, and other delicious foods that do not hurt animals.

Q HOW CAN I HELP SAVE THE CHICKENS?

A Life for chickens on factory farms is awful! Chickens can feel things just as dogs and cats do. Please help animals and stay healthy by becoming a vegetarian! Call or write to PETA for free recipes.



**FREE VEGETARIAN STARTER PACK:
CALL 1-888-VEG-FOOD**



Pigs are smart and friendly animals. They like to dig cool resting places in the soil and splash in the water. And pigs love having their tummies rubbed! They will even roll over like dogs, with their legs in the air, to get a good belly scratch.

But pigs need your help.

Each year, almost 100 million pigs are killed and made into hot dogs, bacon, sausage, bologna, and other meat products. Pigs have to suffer a lot before they become a ham sandwich.

SAVE THE PIGS!

HOW DOES A PIG END UP ON SOMEONE'S PLATE?

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A At just a few weeks old, frightened piglets are taken away from their mothers to be fattened. Confined to crowded pens, barely able to move, the first time they'll see the sun is when they are trucked to the slaughterhouse. Slaughterhouse workers hurt the pigs when they force them onto the killing floor. The pigs don't want to move because they can hear the screams of the pigs ahead of them being killed. Some pigs may be wide awake while being killed.

IS EATING PIG MEAT GOOD FOR US?

Q
A No way! Pig flesh and other meats are loaded with fat and cholesterol, which can make you fat and eventually cause a heart attack, cancer, or other diseases. Foods like fruit, vegetables, grain, and beans provide all you need to be strong and healthy—and they don't hurt animals.

HOW CAN I HELP SAVE PIGS?

Q
A **Pigs value their lives just as much as you and I value ours. So please don't eat them! Call or write to PETA for free animal-friendly, vegetarian recipes.**



PEOPLE FOR THE ETHICAL TREATMENT OF ANIMALS
501 FRONT ST., NORFOLK, VA 23510 • 757-622-PETA
www.peta-online.org