

Tree Climbing

1.	Practice your tree climbing skills a number of times on a 10-15 foot tree.				
2.	Climb a 20-foot coconut tree. Demonstrate the manner of getting back down to the ground safely.				
3.	. a. Climb a tree using any one of four common methods.				
	1	Method used			
				in details to the instructor.	
4. The instructor should select trees suitable for climbing; one with l branches, the other a coconut tree.				<u> </u>	
	Each person must demonstrate on each of the two trees how to appl the two methods of tree climbing (squat hopping and monkey type.)				
		Tree		Method used	
	1		1		
	2.				
5.	Demor	Demonstrate how you would safely carry a bush knife and an axe up a			
6.	6. a. Climb a coconut tree demonstrating how you would carry a				
	b. Remove a coconut without using a knife or sharp instrument using only your limbs and return to the ground with it in your bag.				
7.	Know	how to remove a	n injured p	person from a tree.	