## Soccer

- 1. Know the basic rules of soccer.
- 2. What is the meaning of "Good Sportsmanship?"
- 3. Make a drawing of the soccer playing field.
- 4. Demonstrate reasonable skill in playing the game of soccer.
- 5. Describe the different skills required at each position.
- 6. Know the meaning of and the Referee signals for the following:
  - **a.** Off sides **d.** Indirect kick
  - **b.** Holding **e.** Direct kick
  - **c.** Corner kick **f.** Goal
- 7. Define the following terms:
  - **a.** Advantage
- **m.** Heading **n.** Juggling
- b. Bookingc. Clearing
  - learing
- d. Corner Arcs e. Cross

f.

g.

h.

Dribble

**p.** Nutmeg**q.** Out-of-bounds

**o.** Marking

- r.
  - r. Pass backs. Penalty area

Slide tackle

- Drop ball Drop kick
- i. Dummyj. Half volley
- **u.** Tackle **v.** Throw

t.

- j. Half volleyk. Touch
- k.Touchw.TrappingI.Volleyx.Wall
- 8. Spend at least 4 hours helping less skilled or younger players improve their skills.
- **9.** Play a least 5 games with family or friends. Show good sportsmanship during your practice and games.
- **10.** Write a one page report on a famous soccer player. Discuss why they are or are not a good Christian role model.
- 11. Discuss with your Pathfinder leader, pastor or teacher the problems facing a Seventh-day Adventist youth considering sports in Jr. High, High School or college. What alternatives are there that allows for continued activity in sports.

## Skill Level 1

## **Original Honor 1999**

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