Skin Diving

- 1. Have the Intermediate Swimming Honor.
- 2. Name three prerequisites for a person who wishes to engage in skin diving.
- **3.** What equipment is essential for skin diving?
- **4.** Know the effect of the following factors on skin diving:
 - **a.** Types of beaches
 - **b.** Surfs and currents
 - **c.** Marine life
- **5.** What are the rules of good sportsmanship in skin diving?
- **6.** What safety precautions should be followed while skin diving?
- **7.** Describe the skills involved in communications, hyperventilation prevention, and mask clearing.
- **8.** Demonstrate a practical test in waist-deep water and a qualifying dive in open water

Skill Level 2

Original Honor 1961

