## Fifty icebreaker discussion starters

One especially effective way to introduce a Sabbath School lesson discussion is also a valuable way to draw class members into a more closely knit fellowship. Here are 50 discussion starters that will get your class to share their feelings with one another. Some of them will necessitate more vulnerability among them; be sure not to try to discuss a topic that will make the group or any individual uncomfortable.

- 1. Tell the group about two persons who had a great spiritual influence on you.
- 2. Share one sad experience from your childhood.
- 3. Why do you want to go to heaven?
- 4. How do you plan on getting to heaven?
- 5. Share a spiritual high and low point in your life.
- 6. Share a time when you felt close to God.
- 7. Share a time in your life when you were sure of God's leading.
- 8. Share what someone said or did recently that made you feel loved or appreciated.
- 9. What prayer of yours was not answered in the way you requested.
- 10. What do you least like about your appearance?
- 11. What about your personality would you like to change?
- 12. What do you most like about yourself?
- 13. Describe God using only one word.
- 14. List the three major reasons that you love God.

- 15. What makes you think God loves you?
- 16. In what way has God revealed His love to you this week?
- 17. What would you like to do for God if you were not limited by lack of time, talent, or money?
- 18. What most concerned you this week?
- 19. What brought you the most joy this week?
- 20. When did you last cry? Why?
- 21. To what prayer did you recently receive an answer?
- 22. To you what are the three greatest benefits of knowing Jesus?
- 23. What is the most painful change Jesus has asked you to make?
- 24. If you had to be an animal, which one would you be? Why?
- 25. What person living today would you like to know better? Why?
- 26. What do like about spring?
- 27. What do you like about summer?
- 28. What do you like about autumn?

- 29. What do you like about winter?
- 30. What season of the year best describes your life right now? Why?
- 31. Which is your least favorite day of the week? Why?
- 32. What sport do you most enjoy? Why?
- 33. If you knew a 7.5 earthquake were coming in 10 minutes, what would you do?
- 34. Excluding Jesus, who is your favorite biblical character?
- 35. What three things do you like most about Sabbath?
- 36. What would you be if you had to change your profession or occupation?
- 37. To what person did you feel closest as a child?
- 38. Of the fruits of the Spirit (i.e., love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control), which do you *least* manifest?
- 39. Of the fruits of the Spirit (i.e., love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control), which do you *most* manifest?

- 40. To whom did you last express appreciation? For what?
- 41. To what person would you like to say thank-you? Why?
- 42. Whom did you last hug? Why?
- 43. What teacher have you most admired? Why?
- 44. What minister do you most appreciate? Why?
- 45. What was it that last caused you to be angry or upset?
- 46. What color would you use to describe yourself? Why?
- 47. If you could live the words of one sentence, what sentence would you choose?
- 48. What would you buy if you could afford it?
- 49. What is the first question you want to ask Jesus when you're in heaven?
- 50. Tell about one of the most meaningful gifts you have ever received.