

- 3. Demonstrate and explain the purpose of safety equipment while riding and working around horses—riding helmet and boots (or hard soled shoes with a heel).

Helmet _____

Boots _____

- 4. Demonstrate and explain a minimum of 5 rules to safely approach and lead a horse.

1. _____

2. _____

3. _____

4. _____

5. _____

- 5. Demonstrate and explain a minimum of 5 safety rules for working around horses.

1. _____

2. _____

3. _____

4. _____

5. _____

- 6. Demonstrate and explain safe grooming of a horse using the 4 basic tools—mane and tail comb, curry comb, stiff brush, and soft brush.

- 7. Demonstrate a safe mount (including tack check) and dismount.
- 8. Demonstrate a balanced seat while riding at a walk, including circles and reverses.
- 9. Demonstrate and explain start, stop, circles and reverses using the 4 natural aids—legs, hands, voice, and weight.

- 10. Demonstrate and explain 5 trail safety rules, including the following:

Be attentive to leader and alert to danger _____

Use correct spacing _____

Do not let your horse eat along the trail _____

Never move faster than a walk on paved surfaces _____

Always walk your horse when approaching or leaving a group of riders

Use correct position for hills and obstacles _____

- 11. Ride on a trail for a minimum of 3 cumulative hours following all safety rules and using correct position.

Date of ride _____

Horsemanship, Advanced

- 1. Have the Horsemanship Honor.
- 2. Label on an outline drawing of a horse, or point out on a live horse a minimum of 30 different parts of a horse.

- 3. Demonstrate and explain how to care for tack.

- 4. Demonstrate and explain how to catch and halter a horse safely.

- 5. Demonstrate and explain how to tie a horse safely with a manger knot and with a bowline knot using the correct length of rope and trying at the correct height from the ground.

Length of rope _____

Height from ground _____

- 6. Demonstrate and explain how to correctly saddle and bridle a horse and adjust stirrup length.

- 7. Demonstrate the 3 correct positions while riding at a trot/jog including circles and reverses:
 - a. sitting
 - b. standing
 - c. posting.

- 8. Safely demonstrate an emergency dismount.

- 9. Ride on a trail for a total of 7 cumulative hours, following all safety rules and using correct position.

- 10. Demonstrate and explain how to use a hoof pick.

- 11. Demonstrate proper method to turn out a horse.

- 12. Identify a minimum of 8 common horse colors

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

5 common face markings

1. _____
2. _____
3. _____
4. _____
5. _____

5 common leg markings

1. _____
2. _____
3. _____
4. _____
5. _____

13. Demonstrate and explain correct spacing, reversing direction and passing other riders in an arena setting at the walk with at least one other rider, following all safety rules.

Spacing _____

Reversing _____

Passing _____

14. Negotiate a simple three element trail obstacle course set up on level ground riding at a walk. Choose from the following:
- a. Step over log or pole, maximum height of 16 inches (40.6 cm).
 - b. Pass between 2 barrels or bales of hay spaced 45 inches (1.1 meters) apart.
 - c. Zigzag between poles set at 12 foot (3.6 meters) intervals.
 - d. Walk into a large hey-hole, 15 foot (4.6 meters) circle, turn and exit without stepping on or crossing any borderline.

15. Know how to cool down and care for a horse after a demanding ride.

