

MULTILEVEL

1-4

Made by God

Proposed requirements to make age appropriate and interactive.

1. Memorize Psalms 139:14.
2. Explore amazing facts about the body.
3. Identify basic body parts.
4. Make a simple model of one of the body's systems.
5. List five ways to use your body to honor God.
6. Use your body to honor God through a service project.



Helps

1. I praise you because you made me in an amazing way, Psalms 139:14 (International Children's Bible).
2. Using the keywords "amazing body facts for kids," find a kid's website, a book or video that Adventurers can read or watch to learn fun facts about the body. Then have each Adventurer share favorite facts.
3. Trace an outline of each Adventurer on a large sheet of paper (butcher paper). For the next part, you'll want to have a kid friendly chart of the organs of the body. Then have the Adventures draw and color (you can use preprinted pictures) in the correct location on the outlined body. Have Adventurers label the organs: brain, eyes, heart, spleen, pancreas, intestines, kidneys, lungs, liver, bladder. Discuss what each organ does for the body.
4. Select one of these systems to make a simple model: digestive, circulatory, respiratory, or muscular. Look on the internet for "kids activities lung models," "kids activities blood and circulation models," "kids activities digestive system models," or "kids activities muscular system models."
5. Have Adventurers make a poster of the ways their amazing body can honor God. Examples of ways they can honor God with their bodies is by exercising (taking care of what God gave them), eating nutritious food, drinking enough water, using hands to help others, and singing God's praises.
6. Be creative! There are many service projects to get kids involved with helping others. Suggested service projects: Write letters to health care providers, collect food for a local food bank, provide free lawn care or snow removal to older neighbors or church members, or sing at a local nursing home. For more ideas, search the internet for kids' service projects.