# Tips for Measuring

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## **GIRLS, JUNIOR GIRLS, & WOMEN**

**BUST** Place the tape measure under your arms and measure completely around the body over the fullest part of your bust. Tape should be comfortably loose.

WAIST Measure at the natural waist, keeping one finger between the tape and your body.

**HIPS** Measure around the fullest part of your hips.

### **BOYS & MEN**

**NECK** Measure around the base of your neck. The measurement in inches is your collar size.

**CHEST** Place the tape measure under your arms and measure completely around the body over the fullest part of your chest. Tape should be comfortably loose.

**ARM/SLEEVE LENGTH** (for adult long sleeve shirts) Place the tape measure at the center of the back of your neck and go across your shoulder to your elbow, and down to your wrist. Make sure your elbow is bent at 90 degrees. The total length in inches is your sleeve length.

WAIST Measure at the natural waist, keeping one finger between the tape and your body.

#### **BERET**

**HEAD** Place tape measure one inch above ear and measure around your head.

#### SASH

Place tape measure at right shoulder and measure across the chest to your left hip.

Before ordering uniforms, you'l
need the following information
about your Pathfinders:

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Chest: \_\_\_\_\_ inches

Waist: \_\_\_\_\_ inches

BOYS' UNIFORM

Chest: \_\_\_\_\_ inches

Waist: \_\_\_\_\_ inches

Inseam:\_\_\_\_inches

BERET

Head: \_\_\_\_\_ inches

SASH

\_\_\_\_\_ inches





