## **Prayer**

- 1. As a group or with a friend discuss:
  - a. What do you think prayer is?
  - b. Why do you believe prayer is important?
  - c. Do you think a person can be a Christian and not pray?
- 2. Individually or as a group, examine the two versions of the Lord's Prayer (Matthew 6:9-13 and Luke 11:2-4) found in the gospels.
  - a. What are the differences?
  - b. When might one of the versions be more appropriate than the other in your spiritual life?
  - c. Why do you think the Lord's Prayer is important to Christianity? To you?
- 3. Locate six (6) prayers in the Bible (at least two of Jesus' and two in the Old Testament), then:
  - a. Read / listen to each prayer
  - b. Discover who prayed, what they prayed for, and why they prayed.
  - c. Discover the result of each prayer
- 4. Learn the A C T S for prayer and list an example of a prayer of each type in the Bible.
  - a. A Adoration (Praise)
  - b. C Confession
  - c. T Thanksgiving
  - d. S Supplication (Requests)
- 5. As a group or with a friend, read / listen to and discuss the chapter on Prayer in the book, **Steps to Christ**.
- 6. As a group or with a friend, discuss how you have seen God answer personal prayer, whether your prayers or those of a friend or family member.
- 7. Develop a personal prayer life by praying daily for a month for:
  - a. A mission / missionary
  - b. Person(s) who are ill
  - c. A church or school leader
  - d. An issue(s) affecting the neighbors of your community

Share your experience with your group and/or instructor.

8. Pray with someone that has a physical, emotional, or spiritual need.

## Skill Level 1

New in 2012



## Prayer, Advanced

- 1. Have previously earned the Basic Prayer Honor
- 2. Read and discuss as a group the purpose of prayer as outlined in James 1:2-9
- 3. Examine answered prayers in the Bible about a variety of Bible characters, then present a skit about two of the above prayer stories and answers to their prayers. (Samson, David, Hezekiah, Moses, Elisha, Daniel, etc.)
- 3. In 1 Thessalonians 5:17, we read that we are to "pray without ceasing" Discuss what this means and how this can be done.
- 4. Read or listen to the chapter in **Steps to Christ** by Ellen G. White entitled "The Privilege of Prayer" and discuss with a group what you learned.
- 5. Ellen White writes in **The Great Controversy** that "It is part of God's plan to grant us in answer to the prayer of faith, that which He would not bestow did we not thus ask."
  - a. Discuss the meaning of this passage to a Christian believer.
  - b. In your discussion, ask "Why do you think God does something in answer to prayer that He would not otherwise do?"
- 6. Memorize six (6) different verses about prayer. For each memorized passage, be able to tell (as appropriate):
  - a. What a person prayed for
  - b. The person's prayer location
  - c. Time a person prayed
  - d. The person's position in prayer
- 7. Interview three (3) people regarding their answered prayers and share the stories with your club, unit, church or family.
- 8. Create a plan for praying in public.
  - a. Practice your prayer before praying with others.
  - b. When you pray to God, talk to Him as a friend.
- 9. Pray aloud at two of the following occasions:
  - a. Pathfinder/AY Meeting
  - b. School meeting
  - c. Potluck
  - d. Sabbath School
  - e. Church Service
  - f. Prayer Meeting/Small Group meeting
- 10. Keep a daily prayer journal for six weeks, recording your prayers and any recognized answers to prayer.

## Skill Level 2

New in 2012