



Pathfinder's Name

Winter Camping

- 1. Earn the Camp Craft Honor.
- 2. Make up a complete list of necessary camping equipment for winter conditions, such as possible sub-zero (-18° c) temperatures, storms, and snow. (Complete Chart #1)
- 3. Explain the principles of maintaining body warmth and dryness through the proper use of clothing and sleeping gear under all temperatures down to zero while traveling, resting, and sleeping.

Traveling _____

Resting _____

Sleeping _____

- 4. List and explain the characteristics of winter campsite selection.

- 5. Describe, or show where possible, the preparation of a level tent site in snow and pitch a tent in winter conditions.

- 6. Prepare a balanced three-day menu to be used in your winter camping experience. (Complete Chart #2)

7. Know how to get water from snow.

8. Know five safety rules of winter camping.

1. _____

2. _____

3. _____

4. _____

5. _____

9. Explain the proper steps to take if stranded without equipment in winter conditions.

10. Show knowledge of and ability to prevent, recognize, and care for mild frostbite, hypothermia, mild snow blindness, and dehydration.
(Complete Chart #3)

11. Spend a total of six days and nights in cold weather camping.
- a. All nights should have temperature lows in the 40's (5° c).
 - b. Two nights should have temperature lows below freezing (0° c).
 - c. All nights should be spent in tents, tarps, or the open.

Dates

Temperatures

Night spent in

Winter Camping, Chart #2

Balanced three-day menu for winter camping

	Breakfast	Lunch	Supper
Day 1			
Day 2			
Day 3			

Winter Camping, Chart #3

Know how to prevent, recognize and care for:

Prevention	Recognition	Care for
Mild frostbite		
Hypothermia		
Mild snow blindness		
Dehydration		