

Wakeboarding

- Have the Advanced Beginner's Swimming Honor.
- **1.** Know and practice the following safety rules:
 - **a.** Never wakeboard at night.
 - **b.** Never wakeboard during an electrical storm.
 - c. Always wear a ski vest while wakeboarding.
 - **d.** Make sure the wakeboarding rope is in good condition.
 - e. Make sure the wakeboarding bindings are in good condition.
 - **f.** Always have a spotter and flag in the boat.
 - **g.** Stay clear of objects, such as other skiers, swimmers, tubers, docks or loating objects.
 - **h.** If you fall let go of the rope.
 - i. After a fall, raise a hand to indicate you are all right.
 - **j.** Do not stand in the boat while it is moving.
- **2.** Know the following hand signals:
 - a. Slower
 - **b.** Speed is OK
 - **c.** Faster
 - d. Back to dock
 - e. Stop
 - f. Turn
- 3. Put on the wakeboard by yourself. Be able to remove the wakeboard in deep water by yourself.
- **4.** Execute a deep-water start on the wakeboard on a full line rope.
- **5.** Successfully cross both wakes and return to center without falling.
- **6.** Do a small jump off the wake and land without falling.

*NOTE: All wakeboarders in AY sponsored wakeboarding class must wear a ski vest.