

Knitting, Advanced



1. Have the Knitting honor.
2. Knit a gauge swatch with the yarn of your choice and the needles recommended on the yarn label as follows:

Looking at your yarn label, cast on 6 or 10 more stitches than the gauge listed making sure you have an odd number of stitches. For example, if the knitting gauge is 18 sts and 24 rows, cast on $(18 + 6) = 24$ and one more to make it odd or 25 total.

Row 1 RS – *K1, P1* repeat to the end of the row (ending with P1, K1)

Row 2 WS – *K1, P1* repeat to the end of the row (ending with P1, K1)

Row 3 RS – K1, P1, K1, P1, *K1* repeat until four stitches from the end of the row, P1, K1, P1, K1

Row 4 WS – K1, P1, K1, P1, *P1* repeat until four stitches from the end of the row, P1, K1, P1, K1

Repeat rows 3 and 4 until swatch measures 5 inches (12.5 cm)

Repeat row 1 and 2

Bind off

Abbreviations:

RS – Right side

WS – Wrong side

K1 – Knit one

P1 – Purl one

3. Block your swatch and measure your gauge. Does it match the recommended gauge on the yarn label? If it does not, how do you adjust?
4. Why is it important that your gauge matches a pattern in making clothing?
5. What is colorwork? Make one item that uses: Intarsia, Stranded colorwork or Fair Isle.
6. What are cables? Make one item that uses cables.
7. Knit one of the following in the round using double pointed needles or circular needles (magic loop): Mittens, socks, fingerless gloves, wrist warmers, hat brim up with decreases.
8. Knit a sweater that fits you or another person.
9. Read Psalm 139 and discuss how it applies to the act of knitting.
10. Do one of the following:
 - a. Teach someone how to complete a basic knitting project.
 - b. Visit a nursing home or shut-in person and spend a good part of the day sharing and knitting with others.
 - c. Use knitting as a conversation starter to speak to someone about the gospel.

Skill Level 3